



Health & Wellness  
PROFESSIONALS

Vitality®



## AT HOME BIOMETRIC SCREENING LAB KIT

*Public Education*  
HEALTH TRUST 

Complete a biometric screening from the comfort of home by ordering an at home lab kit.

Completing a home test kit will help you understand your health numbers and their impact on your overall well-being.

**Plus, earn Vitality Points!**

### There are four easy steps!

1. Use the lance in the kit to prick your finger and follow the collection instructions included in the kit.
2. Place your sample and lab consent form inside the prepaid shipping envelope.
3. Place your completed kit in the mail at a USPS office.
4. Once your sample has been tested, you'll receive an email to check your results within the [lab's secure portal](#).



**Total Cholesterol**



**Glucose**



**LDL**



**HDL**



**Results**



**Vitality Points**



Scan or click on the QR code to order your home test kit today!