



Open Enrollment is May 5 - May 30, 2025

Open Enrollment is here: your annual opportunity to review your benefits and make changes for the upcoming plan year (July 1, 2025-June 30, 2026).

Your plan or monthly premium may have changed!! Some Associations/Employers added new or modified existing benefit plan offerings for this upcoming year. Please verify you have selected the plan that meets your family's needs. Contact your association/employer for details. Please login to your miBenefits portal at www.mibenefits.ebms.com to review or make any changes.

How to make changes:

If you are enrolled and wish to change your plan selection offered by your Association/Employer, you will need to access your mibenefits portal at www.mibenefits.ebms.com during open enrollment to make any changes. **This process must be completed no later than 4:30 p.m. (AK time) on Friday, May 30, 2025.** The portal provides you with the list of dependents on your plan. If you are adding dependents who are not currently enrolled, you must include verification they are an eligible dependent by attaching documentation (i.e., marriage or birth certificate, etc.). Please contact either the Public Education Health Trust (PEHT) or your human resource department for options.

If you are currently waived and wish to enroll, you must contact the PEHT office for us to send you an email invite to access the mibenefits portal at www.mibenefits.ebms.com. The email invite will provide you with access to the enrollment process. All required steps must be completed **no later than 4:30 p.m. (AK time) on Friday, May 30, 2025.**

If you are currently enrolled and wish to waive coverage; log into mibenefits at www.mibenefits.ebms.com **prior to and no later than 4:30 p.m. (AK time) on Friday, May 30, 2025,** to waive. *Please note: Some school districts require proof of other coverage to be eligible to waive from this plan. Please contact your human resources department for their criteria.*

PEHT recommends that you review your dependents listed to ensure accuracy. With appropriate documentation, PEHT provides coverage for spouses, qualified domestic partners, children up to the age of 26, and individuals for whom you are the legal guardian up to the age of 18. A complete listing of your dependents can be found on your miBenefits secured portal at www.mibenefits.ebms.com.

New Programs/Plan Changes Effective July 1, 2025:

- **HDHP Plan Adjustments:** To maintain IRS HSA compliance with the High-Deductible Health Plan (HDHP), the individual deductible for the HDHP plan will increase to \$1,650, and the family deductible will increase to \$3,300.

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- **New Pharmacy Benefit Manager:** Effective July 1, 2025, the new pharmacy benefit manager for retail, mail order, and specialty medications will change to **Rightway**. Please look for new PEHT ID cards, and correspondence from Rightway in your mailbox. For more information, contact JoinRightway.com or 833-419-6546.

Teladoc – Remember to update your online profile each year!

24/7 Access to a national network of US board-certified professionals wherever you are in the United States. Keep the Teladoc number handy, 1-800-835-2362 or download the app at Teladoc.com/mobile this summer as you travel. Teladoc can treat cold/flu symptoms, respiratory infections, sinus problems, ear infections, allergies, and urinary tract infections.

Virtual Primary Care, Primary360 (P360), is offered through Teladoc. P360 can be from routine check-ups to ongoing care at no cost to you. P360 is an easy way of connecting you to Primary Care so you can become your healthiest self. Virtual Mental Health visits to see a therapist or psychiatrist are also offered through Teladoc. Don't wait to get the support you need! HDHP participants must meet their deductible prior to the no-cost experience. Contact Teladoc at 1-800-835-2362 or www.teladoc.com.

Transcarent

Keep in mind that you have access to an exclusive surgery network. You'll experience top-quality care, coverage of travel expenses, and reduced medical costs for your elective surgeries such as knee, hip, shoulder, back, and wrist surgery. Contact Transcarent at 1-855-265-2874 or member.transcarent.com for more information.

Virtual Physical Therapy (PT)

Relieve pain from the comfort of your home! Sword's digital PT solution offers both measurable outcomes and affordable, high-quality care without ever needing to leave home. The platform pairs a licensed PT with FDA-listed wearable technology to guide members through personalized treatment plans, all at no cost to you! Contact Transcarent at 1-855-265-2874 or member.transcarent.com for more information.

Power of Vitality – your wellness program!

Vitality is a comprehensive, interactive, and personalized wellness program that makes it easy for you to make healthy choices. Complete activities to earn points that turn into bucks to purchase rewards for making healthy choices. Register at www.powerofvitality.com or in the Power of Vitality app.

Should you have any questions or concerns regarding the benefits, or the Open Enrollment period, do not hesitate to reach out to our office at 907-274-7526.

Sincerely,



Rhonda Prowell-Kitter
Chief Financial Officer