

Open Enrollment is May 1-31, 2023

Open Enrollment is here: your annual opportunity to review your benefits and make changes for the coming plan year (July 1, 2023-June 30, 2024).

Your plan may have changed!!! Some Associations/Districts added new or modified existing benefit plan offerings for this upcoming year. Please verify you have selected the plan that meets your family's needs. Contact your association for details. Please login to www.ebms.com to review or make any changes.

How to Enroll

If you are enrolled and wish to change your plan selection offered by your Association/Employer, you will need to access your mibenefits portal at www.mibenefits.ebms.com during open enrollment to make any changes. **This process must be completed no later than 4:30 p.m. (AK time) on Wednesday, May 31, 2023.** The portal provides you with the list of dependents on your plan. If you are adding dependents who are not currently enrolled, you must include verification they are an eligible dependent by attaching documentation (i.e., marriage or birth certificate, etc.). Please contact either the Trust or your human resource department for options.

If you are currently waived and wish to enroll, you must contact the PEHT office for us to send you an email invite to access the mibenefits portal at www.mibenefits.ebms.com. The email invite will provide you with access to the enrollment process. All required steps must be completed **no later than 4:30 p.m. (AK time) on Wednesday, May 31, 2023.**

If you are currently enrolled and wish to waive coverage; login into mibenefits at www.mibenefits.ebms.com prior to and **no later than 4:30 p.m. (AK time) on Wednesday, May 31, 2023, to waive.** *Please note: Some school districts require proof of other coverage to be eligible to waive from this plan. Please contact your human resources department for their criteria.*

The Trust recommends that you review your dependents listed to ensure accuracy. With appropriate documentation the Trust provides coverage for spouses, qualified domestic partners, children up to the age of 26, and individuals for whom you are the legal guardian up to their age of 18. A complete listing of your dependents can be found on your miBenefits secured portal at www.mibenefits.ebms.com.

Plan Enhancements Effective July 1:

- **Improving Specialty Medication Employee Cost-sharing** – For Value and Formulary specialty medication, coinsurance is reducing from 50% to 25% and maximum copays are reducing from \$100 and \$400 to \$50 and \$200 respectively.
- **100% prescription coverage for some Diabetic Testing supplies** – Some diabetic testing supplies such as Contour strips, lancets, lancing devices, swabs will be covered at 100% (CGM's not included) (after deductible for HDHP)

Public Education

HEALTH TRUST



- **Improving prescription cost sharing for Selected Chronic Conditions** – Prescription coverage for certain medications related to chronic conditions such as HIV, Epilepsy, Heart Failure, Deep Vein Thrombosis, etc. is being lowered to \$35 (per 30-day fill) maximum across all plans (after deductible for HDHP).
- **100% Coverage for Vision Exams with our VSP Partner**– The \$25 copay for vision exams has been replaced with 100% coverage when utilizing a VSP partner.
- **Healthy Schools Go365 Wellness Program Ending** – Unfortunately, Humana made a decision to exit the employer group business—which includes their wellness and rewards programs—as it was no longer positioned to meet the needs of members. It is with great disappointment we share that our GO365 program will discontinue June 30, 2023. Be sure to redeem any Go365 “bucks” in your account no later than June 30th as they will no longer be available to spend after that date!

Teladoc – Remember to update your online profile each year!

24/7 Access to a national network of US board-certified professionals wherever you are in America. Keep the Teladoc number handy, 1-800-835-2362, or download the app at [Teladoc.com/mobile](https://www.teladoc.com/mobile) this summer as you travel. Teladoc can treat cold/flu symptoms, respiratory infections, sinus problems, ear infections, allergies, and urinary tract infections.

Transcarent (Formerly BridgeHealth)

Keep in mind that you have access to an exclusive surgery network. You’ll experience top-quality care, coverage of travel expenses, and reduced medical costs for your elective surgeries such as knee, hip, shoulder, back and wrist surgery. Contact Transcarent at 1-855-265-2874 or www.transcarent.com for more information.

Virtual Physical Therapy (PT) through Sword Health – Relieve pain from the comfort of your home! Sword’s digital PT solution offers both measurable outcomes and affordable, high-quality care without ever needing to leave home. The platform pairs a licensed PT with FDA-listed wearable technology to guide members through personalized treatment plans, all at no cost to you! Contact Transcarent at 1-855-265-2874 or experience.transcarent.com/peht/vpt/ for more information.

Should you have any questions or concerns regarding the benefits, or the Open Enrollment period do not hesitate to reach out to our office 907-274-7526.

Sincerely,



Rhonda R Prowell-Kitter
Chief Financial Officer

