

# Back-to-school success

Preparing for a new school year can be stressful, but you don't have to navigate this transition alone.

## Reach out today to access:

- In-the-moment support from a licensed clinician 24/7/365 via mobile or web
- On-demand video training including preparing for school, homeschooling, virtual learning and tech safety for kids
- Referrals for tutors and supplemental learning
- Online resources including a college prep checklist, database of public/private schools and relevant articles/tip sheets

