

# Your anytime, anywhere healthcare benefit

Access your healthcare by  
phone, video or app.



## Your care options with Primary360 include:

### General Medical (24/7 Care)

Need care for non-urgent and common conditions? Get same-day appointments with a certified clinician from wherever you are. Our clinicians diagnose, treat and even prescribe medicine if needed.

- Allergies
- Rashes
- Bronchitis
- Sinus infections
- Flu
- Sore throats
- COVID-19
- And more
- Pink eye

**free/visit**

New

### Primary Care

Manage your overall health—body and mind—with a U.S. board-certified primary care doctor and care team. From routine checkups to ongoing care, visits are easy to schedule when it's convenient for you.

- Checkups and preventive care
- Prescriptions
- Lab orders and screenings
- Referrals to in-person (and in-network) specialists
- Support for chronic conditions

**\$0 annual checkup**

**Other PrimaryCare visits are free per visit.**

New

### Mental Health

Have real conversations and see progress with a therapist or psychiatrist of your choice. Available 7 days a week from the privacy of your own home.


- Anxiety and depression
- Sleep issues
- Relationship conflicts
- Trauma and PTSD
- Medication management

**Therapist free/visit**

**Psychiatrist free/first visit**

**Psychiatrist free/ongoing visits**

## Activate your benefit and schedule your visit today

Visit [Teladoc.com](https://www.teladoc.com) | Call 1-800-TELADOC (800-835-2362) | Download the app  | 