



**Get connected.
Get rewarded.**

Connecting a device to your Power of Vitality account is an excellent way to earn points and rewards for your day-to-day activities, and it only takes a few steps!

How to connect a fitness device to the Power of Vitality app

- 1** Log in to your Power of Vitality mobile app and tap the profile icon.
- 2** Navigate to Apps and Devices under Settings to view compatible connections.
- 3** Select the device you want to connect for more details on which healthy activities will be tracked and awarded.
- 4** Follow instructions to log in with your device account information and share relevant data with Power of Vitality.

Remember to log into the Power of Vitality app at least once per week to sync your data and earn points for your fitness activities.



**Scan to download or open
the Power of Vitality mobile app**