

# SMART LIVING

MARCH / APRIL 2026 ISSUE

## Nominate Yourself for the Board of Trustees: Geographical Representation Needed

The Public Education Health Trust (PEHT) Board of Trustees Seat D is now open for election. If you're interested in getting involved and making a meaningful contribution, we'd love to hear from you.

Serving as a Trustee is a great opportunity to lead, grow and support our mission – and you don't need prior experience to apply. We'll provide all the guidance, training and support you need, every step of the way.

Trustees meet quarterly to guide decisions that impact the Trust and plan members, and some travel may be required. The term for Seat D runs **July 1, 2026 - June 30, 2029**.

To qualify, nominees must be participants of the Trust by virtue of their status as an employee. Broad geographical representation is a requirement for the PEHT Board of Trustees. The eligible candidate must be a participating member from a school district outside of Anchorage and Southeast Alaska.

If you're interested, submit a biography of no more than 100 words by **March 31, 2026**, to Rhonda Prowell-Kitter, CFO at **rpk@pehtak.com**. If you have any questions, call **907-274-7526**.

Voting opens **April 3** and closes **April 30, 2026**, with results available on **May 1, 2026**.

### News to Know



Get the very latest In Trust news. Scan here or go to **pehtak.com**.



### Health Plan Questions?

EBMS, your expert claims administrator, can help you find providers and answer benefits and billing questions. **Call the member number on your benefits ID card (866-247-1443).**



"I wanted to take a moment to share my appreciation for the exceptional service I received today ... The [EBMS] representative was incredibly helpful, knowledgeable and patient ... Their professionalism and dedication made the experience smooth and stress-free." – **PEHT member**