

Understanding Your Benefits

The Public Education Health Trust wants you to use your benefits! It is important that you familiarize yourself with this information so that you can maximize the use of these benefits to provide the best possible outcome for you and your family's health care needs. It should be noted that this is a summary only and does not guarantee benefits. All benefits are subject to the terms, limitations, and exclusions set forth in the Public Education Health Trust Benefit Booklet. If there are any discrepancies between this summary and the Benefit Booklet, the Benefit Booklet shall prevail.

Questions regarding the Benefit Booklet, claims, Allowable Charge, or eligibility should be directed to EBMS at **1-866-247-1443**. Information regarding Plan administration should be directed to the Public Education Health Trust office at **1-907-274-7526** or **1-888-685-7526**.

Medical Plan

Deductible*	\$8,500 single coverage or \$17,000 family coverage
Medical Maximum Out of Pocket**	\$8,500 single coverage or \$17,000 family coverage (deductible applies)
Coinsurance % (Percentage the Plan will pay once the deductible is met.)	
Facility	Plan pays 100% after deductible
All other Providers	Plan pays 100% after deductible

* Your deductible refers to the dollar amount that the covered person must pay before the plan pays. As a reminder, your annual deductible is on a calendar year.

***Single Coverage:** Covered Employees **with Employee-only coverage** must meet the Single Coverage deductible amount as shown above.

***Family Coverage:** Covered Employees **with covered Dependents** must meet the Family Coverage deductible amount, as shown above, without regard to which covered family member incurred the expenses.

** The Plan will pay the designated percentage of the Allowable Charge until you meet your coinsurance maximum. Once your coinsurance maximum is met, the Plan will pay 100% of the remainder of the Allowable Charge for the rest of the calendar year unless stated otherwise.

Pharmacy Plan *



Coinsurance % (Percentage the Plan will pay once the deductible is met.)	100% after deductible
--	-----------------------

*Participants are required to pay 100% at the pharmacy and are then reimbursed any applicable amount after the deductible has been met. Certain FDA-approved, Physician-prescribed lifestyle drugs not covered by the Plan may be available at a discount price. To receive this discount, a Covered Person will be required to pay a 100% copayment at the time of purchase when his or her ID card is shown.

MAIL ORDER: The mail order drug benefit option is available for maintenance medications (those that are taken for long periods of time, such as drugs sometimes prescribed for heart disease, high blood pressure, asthma, etc.). Because of volume buying, the mail order pharmacy is able to offer Covered Persons significant savings on their prescriptions. The mail order pharmacy is subject to change.

Specialty Pharmacy Program	Plan pays 100% after deductible
----------------------------	---------------------------------

24/7 Telehealth



Teladoc offers PEHT members 24/7 Physician Consultations, which provide access to licensed, U.S. based physicians by phone, secure e-mail, video, and mobile app at any time of the day. Physicians offer diagnoses, medical advice, and treatment recommendations and can even prescribe some medications over the phone.

Introducing Primary360, a convenient way to **access virtual primary care** and annual checkups so you can become your healthiest self.

Due to HDHP regulations per visit fees apply until the deductible is met then the plan covers visits at 100%.

To learn more about Teladoc and Primary360, visit teladoc.com or call 1-800-Teladoc.

Dental Plan

Dental Benefit (per calendar year)	\$500 per person
Preventive Care	100% up to maximum allowable dental benefit Two visits per person per year

Members are encouraged to use the Provider Search tool (www.ameritas.com/dental-providers/) to find in-network PPO providers and receive the best plan discounts.

Vision (In VSP Network - for a list of VSP Providers go to www.vsp.com)

Co-pay	Examination - \$0; Materials - \$25
Annual Exam	Paid-in-Full every calendar year (after copayment)
Lenses (single vision, lined bifocal, lined trifocal, and Lenticular Lenses)	Paid-in-Full every calendar year (after copayment) Lens enhancement for anti-reflective and UV coating, and standard progressive lenses covered in full
Frames*	Paid-in-Full up to \$225 every calendar year (after copayment), or up to \$245 for Enhanced Featured Frame Brands, or \$125 frame allowance at Costco and Walmart
Contact Lenses* (instead of spectacle lenses and frame)	Copay - Up to \$60 for fitting and evaluation Elective - paid up to \$170.00

Vision (Out of Network)

Copayment	Examination - \$25; Materials - \$25
Annual Exam	up to \$50
Lenses Annually	
Single Vision	up to \$50 (after copayment)
Lined Bifocal	up to \$75 (after copayment)
Lined Trifocal	up to \$100 (after copayment)
Lenticular Lenses	up to \$125 (after copayment)
Frames*	up to \$70 every other calendar year (after copayment) or \$125 frame allowance at Costco and Walmart
Contact Lenses* (Instead of spectacle lenses and frames)	Elective - Paid up to \$105.00

*A second pair enhancement is subject to the same copays and allowances as the first pair.

Member Assistance Program (MAP)



MAP services are cost-free, convenient and confidential. MAP coverage includes a spouse or live-in partner and eligible dependent children. To contact your MAP, call 1-888-881-5462.

- Up to 8 free counseling sessions per issue per year
- Legal advice - half hour face to face, unlimited telephone consultation
- Financial planning - unlimited telephone consultation



Your claims history and your Benefit Booklet are available in your personal online or mobile app miBenefits account! To log in to your miBenefits account, follow these easy steps!

1. Go to www.ebms.com or your app store (search EMBS miBenefits).
2. Click on the "Login" button at the top of the screen.
3. Fill out our short registration using your ID card, and EBMS will immediately verify your eligibility, giving you full access to miBenefits!

Public Education Health Trust
2550 Denali Street, Suite 1614
Anchorage, AK 99503
Phone: 1.888.685.7526
www.pehtak.com