

# TALKING TOGETHER

## Family Conversations About Aging



November 2018

Talking to aging parents and relatives about sensitive issues, like their need for personal care or when to stop driving, can be difficult for everyone involved. SupportLinc is available anytime, any day with help on how to approach these conversations, when to have them, and who should be involved.

SupportLinc provides confidential counseling, resources and referrals to help you balance work and home.

### WEBINAR

Caring for Aging Relatives  
Available on November 20

Older relatives may require more care than family or neighbors can provide. This seminar is a helpful first step to determine what kind of care is needed.

**SUPPORT FOR EVERYDAY  
ISSUES. EVERY DAY.**

### PHONE

1-888-881-LINC (5462)  
Confidential Assistance  
24 Hours a Day, 365 Days a Year

### WEB

[www.supportlinc.com](http://www.supportlinc.com)  
Username: peht

### MOBILE



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MEMBER ASSISTANCE PROGRAM